# “Intentionally Building Biblical Men”

# Prayer Resources (List)

Primary: The Word of God (the Bible)

Prayer in God’s word is central! So many areas deal with prayer.

One idea: Praying through Psalms is a fantastic exercise. Try reading a Psalm each day that correlates to the day of the month (i.e. on the 5th of the month, read Psalm, 5, or Psalm 35, Psalm 65, Psalm 95, Psalm 125; on the 6th of the month, read Psalm 6, Psalm 36, etc.)

You can mark notes in your bible, in a notebook, on an App, or even a dedicated scripture notebook (One resource that appeals to me and which I use in other contexts: [ESV Scripture Journal: Psalms: 9781433546495 - Christianbook.com](https://www.christianbook.com/esv-scripture-journal-psalms/9781433546495/pd/546490?event=ESRCN))

Secondary: All other books/etc.

Puritan prayers to jump start your thinking:

Men and women just like you and I have been seeking God’s heart and praying for millennia; this compilation is a helpful ‘jump start’ for my prayers or even as a prayer I can pray when I am empty

[Valley of Vision (Bonded Leather): Arthur Bennett: 9780851518213: Amazon.com: Books](https://www.amazon.com/Valley-Vision-Leather-Collection-Devotions/dp/0851518214/ref=tmm_hrd_swatch_0?_encoding=UTF8&qid=&sr=)

A list of how to pray for your wife:

I have a notebook that I use for journaling, for sermon notes, for my everyday thoughts. In it I have a page dedicated to a copy of “Lifting My Wife in Prayer”. This resource lists many prayer points that guide a comprehensive, Scripture based prayer for your wife.

[Lifting\_My\_Wife\_in\_Prayer\_tx21DmcX4CY.pdf (familylife.com)](https://www.familylife.com/wp-content/uploads/sites/51/2018/04/Lifting_My_Wife_in_Prayer_tx21DmcX4CY.pdf)

A topical structure to guide prayer time: When my mind goes blank, I often fall back to the acronym ACTS.

**Adoration** (praising God, placing His supremacy at the fore front of my call to Him)

**Confession** (He is faithful and just to forgive and desires a broken and contrite heart)

**Thanksgiving** (thanking God for who He is and what He has done)

**Supplication** (bringing requests to Him, for me or others)



Graphic Source: https://www.nealbenson.com/2015/10/the-acts-mode-of-prayer.html

One final resource for keeping prayer on our hearts and minds is found on our church website under “Papers & Articles”.

“When it comes to prayer, there’s either God’s way to do it or man’s way to do it. As you could have guessed, God’s way is always the best.” [Economy of Prayer - The Harbor Church](https://theharborchurch.net/economy-of-prayer)